

**Lindsays National Short Course Cross Country
Championships**

**Lanark Race Course
Lanark
Saturday 4th November 2023**

<u>Race</u>	<u>Start</u>	<u>Dist.</u>
Under 15 Girls	1200	2000m
Under 15 Boys	1220	2000m
Under 17 Women	1240	3000m
Under 17 Men	1305	3000m
Senior / Junior / Master Women	1330	4000m
Senior / Junior / Master Men	1400	4000m



National Cross Country Short Course Championships – Lanark 4/11/2023

SCOTTISH ATHLETICS OFFICE BEARERS	
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Hon President	Rt. Hon. Jack McConnell
President	John Rodger
Chairman	David Ovens
Chief Executive	Colin Hutchison

ROAD RUNNING AND CROSS COUNTRY COMMISSION	
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Convener	Michael Johnston (Cambuslang Harriers.)
Hon Secretary	Julia McAfee (Helensburgh AAC)

RACE OFFICIALS	
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Referee	Margaret Ann McLachlan
Assistant Referee	John MacKay
Line Judge	Gary Woods
Clerk of Course	Bobby Hill
Course Stewards	Members of Law & District AAC
Officials Report	Alex Jackson
Declarations	Linden Nicholson (Chief), Jim Dunstan, Tracy Hendry
Starters	Kevin Rose (Chief), David Hughes, Bob Webster, George Newman
Finish Area Control	Dave Cairns, Andy Law, Isobel Martin, Carole Rose
Timekeeping/ Recording	Alan Carruthers (Chief), Peter Ramsey, Graham Chambers / Megan Wright, Douglas Carruthers, Mark Crawford
Place Recording	Diane Ramsey, Andrea Gavin, Trish Johnston
Results	Stephen Burchill, Vicky Lyon
Announcers	Andy Ronald / Adrian Stott (Course), Leslie Roy (Presentations), Elspeth Burton (Feed)
Presentations	Sandra Hardacre, Alan Potts, Michael Johnston
Medical Services	Amvale Scotland
Press Officer	Peter Jardine
Scottish Athletics	Alasdhair Love, Caitlin Watt, Sophie Allan
Convenor	Sharon Taylor
Assistant Convenor	Alex Jackson

COMPETITION INFORMATION SHEET

Event: Lindsays **scottishathletics** Short Course Cross Country Championships
(Incorporating Masters Championships)
Venue: Lanark Racecourse, Hyndford Road, Lanark, ML11 9GA
Registration: Lanark Racecourse, Hyndford Road, Lanark, ML11 9GA
Date: Saturday 4th November 2023

Race	Age Group	BORN DURING	Declarations Close	Race Starts	Distance (Approx)
Under 15 Girls	U15	01/09/2008 to 31/08/2010	1130hrs	1200hrs	2000m
Under 15 Boys	U15	01/09/2008 to 31/08/2010	1150hrs	1220hrs	2000m
Under 17 Women	U17	01/09/2006 to 31/08/2008	1210hrs	1240hrs	3000m
Under 17 Men	U17	01/09/2006 to 31/08/2008	1235hrs	1305hrs	3000m
Senior Women	BORN BEFORE	31/08/2003			
Master Women W40/W50/W60+	Age On Day		1300hrs	1330hrs	4000m
U20 Women	01/09/2003 to	31/08/2006			
Senior Men	BORN BEFORE	31/08/2003			
Master Men M40/M50/M60+	Age on Day		1330hrs	1400hrs	4000m
U20 Men	01/09/2003 to	31/08/2006			
inc Non Binary Athletes					

Entries Close **5pm Thursday 19th October 2023**

NO LATE ENTRIES

Email Enquiries: events@scottishathletics.org.uk

Bank Details: RBS, Sort Code: 83-19-04 Acc No 00667222

Important Notes

(1) Location map and additional information will be shown on the scottishathletics website - www.scottishathletics.org.uk

(2) Team scoring for Senior Races is 4 for Men and 4 for Women. Young athlete races 3 for all races.

(3) U20 and Masters athletes are eligible for individual and team medals in the Senior race as well as individual medals in their age category. Masters medals available in all 10year age bands

(4) All entered athletes must be members of scottishathletics at the time of the closing date and be in date on race day. Athletes with an out of date membership cannot be added after the closing date.

(5) An entered athlete MUST not be substituted by a non-entered athlete at any time.

Non observance of the above leaves the whole field and the officials uninsured in the event of an accident; leaves the athlete at a health risk in the case of a wrong identification of the athlete; and makes the results invalid as an historic record.

(6) Students in full-time education in Scotland may compete as 1st claim for both their educational establishment and another Scottish club but not in the same competition. This is provided that the educational establishment Club is confined to students of that establishment. Thus a student may be entered for two clubs but has to choose one at declaration.

(7) By entering all athletes agree that photographs and/or video footage may be taken and used for PR/Marketing purposes.

(8) Club entries must ensure that entrants are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part (and will not run if unfit to do so on the day).

(9) Any athlete with Additional Support Needs should contact scottishathletics for an athlete assistance form.

Lindsays National Short Course Cross Country Championships

Entry Lists

No. Name	Club	No. Name	Club
99 Olivia Dinnes	Aberdeen AAC	15 Jodi Abel	Garscube Harriers
100 Sophie Imlach	Aberdeen AAC	16 Lucy Adamson	Garscube Harriers
101 Isla Kennedy	Aberdeen AAC	17 Alexandra Bell	Garscube Harriers
102 Jessica Needs	Aberdeen AAC	18 Erin Burnett	Garscube Harriers
103 Murrlyn Burns	Airdrie Harriers	19 Isobel Collingwood	Garscube Harriers
104 Enya Doran	Airdrie Harriers	20 Skye Dick	Garscube Harriers
105 Leanna Elliot	Airdrie Harriers	21 Emma Fox	Garscube Harriers
106 Millie Gairn	Airdrie Harriers	22 Chloe Hendry	Garscube Harriers
107 Eihlenn Gillespie	Airdrie Harriers	23 Anna Lindsay	Garscube Harriers
108 Kady Wood	Airdrie Harriers	24 Ava McBean	Garscube Harriers
109 Katharina Owens	Ayr Seaforth AC	25 Beth Adams	Giffnock North AC
110 Lexi MacLean	Banchory Stonehaven AC	26 Millie Boothman	Giffnock North AC
111 Keira Gallacher	Cambuslang Harriers	27 Eilidh Caldwell	Giffnock North AC
112 Emily Stanford	Central AC	28 Amy Gallagher	Giffnock North AC
113 Ella Tanner	Central AC	29 Emma Johnston	Giffnock North AC
114 Norah Thompson	Central AC	30 Sarah McNulty	Giffnock North AC
115 Abi Cunningham	Clydesdale Harriers	31 Erin Reilly	Giffnock North AC
116 Lily Duncan	Clydesdale Harriers	32 Freya Scobie	Giffnock North AC
117 Aleigh McCloskey	Clydesdale Harriers	33 Holly Simpson	Giffnock North AC
118 Jemma Macleod	Cumbernauld AAC	34 Eve Wilkinson	Giffnock North AC
119 Juliette Kidd	Dundee Hawkhill Harriers	35 Nicole Yates	Giffnock North AC
120 Zoey Morgan	Dundee Hawkhill Harriers	36 Scarlett Farrell	Greenock Glenpark Harriers
121 Rachel Barnett	Dunfermline Track and Field AC	37 Nuala Quigley	Greenock Glenpark Harriers
122 Olivia Baxter	East Kilbride AC	38 Georgia Bruce	Harmeny AC
123 Carrie Charters	East Kilbride AC	39 Leah Buchan	Harmeny AC
124 Skye Christie	East Kilbride AC	40 Rachel Caves	Harmeny AC
125 Matilda Frew	East Kilbride AC	41 Nancy Corrie	Harmeny AC
126 Eva Morrison	East Kilbride AC	42 Amber Cunningham	Harmeny AC
127 Sofia Bautista-Flecha	Edinburgh AC	43 Aysa Kealy	Harmeny AC
128 Isla Duncan	Edinburgh AC	44 Zoe McNair	Harmeny AC
129 Juno Neal	Edinburgh AC	45 Emilie Paul	Harmeny AC
130 Catriona Scott	Edinburgh AC	46 Scarlett Jones	Helensburgh AAC
131 Venus Tarsia	Edinburgh AC	47 Kiera Gregory	Inverclyde AC
132 Juno Taylor	Edinburgh AC	48 Lucy Beastall	Inverness Harriers AAC
133 Anna Thorogood	Edinburgh AC	49 Lois Macrae	Inverness Harriers AAC
1 Josie Anderson	Falkirk Victoria Harriers	50 Clara Bain	Kilbarchan AAC
2 Hanna Brindley	Falkirk Victoria Harriers	51 Ella Carden	Kilbarchan AAC
3 Emily Christie	Falkirk Victoria Harriers	52 Olivia Cooper	Kilbarchan AAC
4 Lara Crawford	Falkirk Victoria Harriers	53 Niamh Evans	Kilbarchan AAC
5 Ruth Donaldson	Falkirk Victoria Harriers	54 Tara Hutton	Kilbarchan AAC
6 Corri McGougan	Falkirk Victoria Harriers	55 Amelie Kerr	Kilbarchan AAC
7 Isla Philp	Falkirk Victoria Harriers	56 Cerys McKellar	Kilbarchan AAC
8 Fiona Rue	Falkirk Victoria Harriers	57 Vanessa McVeigh	Kilbarchan AAC
9 Millie Ovens	Fife AC	58 Freya Milford	Kilbarchan AAC
10 Jaidyn Brown	Gala Harriers	59 Amber Moody	Kilbarchan AAC
11 Kacie Brown	Gala Harriers	60 Eilidh Cooke	Kilmarnock H&AC
12 Elise Field	Gala Harriers	61 Charlotte Gebbie	Kilmarnock H&AC
13 Kirsty Rankine	Gala Harriers	62 Rebecca McNulty	Kilmarnock H&AC
14 Ava Richardson	Gala Harriers		

Lindsays National Short Course Cross Country Championships

Entry Lists

No. Name	Club	No. Name	Club
63 Freya Brown	Lasswade AC		
64 Beth McWilliam	Lasswade AC		
65 Isla Taylor	Lasswade AC		
66 Emma Thomson	Lasswade AC		
67 Cerys Wright	Lasswade AC		
68 Sarah Chambers	Law & District AAC		
69 Lucy Corns	Law & District AAC		
70 Olivia Inglis	Law & District AAC		
71 Erin McGurk	Law & District AAC		
72 Lucy Taylor	Law & District AAC		
73 Lucy Macmillan	Livingston AC		
74 Jessica McCulloch	Livingston AC		
75 Isla Nixon	Livingston AC		
76 Emily Sharp	Livingston AC		
77 Heidi Nicholson	Musselburgh and District AC		
78 Mairi Gatherer	Perth Strathtay Harriers		
79 Lucy McInroy	Perth Strathtay Harriers		
80 Lois Murray	Perth Strathtay Harriers		
81 Faye Allan	Pitreavie AAC		
82 Isla Gourley	Pitreavie AAC		
83 Maisey Meade	Pitreavie AAC		
84 Mirabelle Meade	Pitreavie AAC		
85 Imogen Millar	Shettleston Harriers		
86 Kate Monaghan	Shettleston Harriers		
87 Mairi Stephen	Shettleston Harriers		
88 Skye Smith	Springburn Harriers		
89 Niamh Wilson	Springburn Harriers		
90 Madelaine Blanchard	Strathearn Harriers		
91 Eilidh Dallas	Strathearn Harriers		
92 Flora Lawson	Team East Lothian		
93 Emily Langdon	Unattached		
94 Autumn Hunter	VP-Glasgow AC		
95 Freya Matheson	VP-Glasgow AC		
96 Eve Morrison	VP-Glasgow AC		
97 Anna Elizabeth Ross	VP-Glasgow AC		
98 Mimi Taylor	VP-Glasgow AC		

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Entry Lists

No.	Name	Club	No.	Name	Club
46	Sam Brooks	Aberdeen AAC	2	Max Deery	Giffnock North AC
47	Alex Henthorn	Aberdeen AAC	3	Calum Dick	Giffnock North AC
48	James Horne	Aberdeen AAC	4	Finlay Laskey	Giffnock North AC
49	Aiden MacDonald	Aberdeen AAC	5	Connor McCallum	Giffnock North AC
50	Reuben McAllister	Aberdeen AAC	6	Louie Muir	Giffnock North AC
51	Euan Murphy	Aberdeen AAC	8	Cameron Nugent	Giffnock North AC
52	Jacob Mutch	Aberdeen AAC	7	Aaron Reid	Giffnock North AC
53	Liam Reid	Aberdeen AAC	1	Ethan Scobie	Giffnock North AC
54	Iain MacLean	Ayr Seaforth AC	9	Lewis John Scott	Greenock Glenpark Harriers
55	Lucan Marshall-Watt	Ayr Seaforth AC	10	Jacob Marshall	Harmeny AC
56	Rory Barclay	Cambuslang Harriers	11	Daniel McIntyre	Harmeny AC
57	Jack Gillon	Cambuslang Harriers	12	Fergus Ross	Harmeny AC
58	Daibhidh Kinnaird	Cambuslang Harriers	13	Jamie Boylan	Kilbarchan AAC
59	Angus O'Neil	Cambuslang Harriers	14	Alexander Burke	Kilbarchan AAC
60	Euan Reid	Cambuslang Harriers	15	Aj Campbell	Kilbarchan AAC
61	Fraser Kingsley	Central AC	16	Richard Forbes	Kilbarchan AAC
62	Harrison MacMillan	Central AC	17	Oscar Linton	Kilbarchan AAC
63	Rory MacMillan	Central AC	18	Tom MacDonald	Kilbarchan AAC
64	Cameron Tanner	Central AC	19	Alexander Massie	Kilbarchan AAC
65	Tymek Chmielowski	Corstorphine AAC	20	Billy McKie	Kilbarchan AAC
66	Ben Baillie	East Kilbride AC	21	Fraser McKillop	Kilbarchan AAC
67	Rory Charters	East Kilbride AC	22	Finlay Mitchell	Kilbarchan AAC
68	Brian Heslop	East Kilbride AC	23	Matthew Moore	Kilbarchan AAC
69	Christopher Paton	East Kilbride AC	24	Alistair Street	Kilbarchan AAC
70	Euan Thorpe	East Kilbride AC	25	Lucas Watt	Kilbarchan AAC
71	Angus Wilkinson	East Kilbride AC	26	Aaron Chandler	Kirkintilloch Olympians
72	Rory Bryce	Edinburgh AC	35	Howie Allison	Lasswade AC
73	Danny Convery	Edinburgh AC	27	Aaden Robertson	Lasswade AC
74	Josh Daunt	Edinburgh AC	28	Blair Beverley	Law & District AAC
75	Finlay Duffin	Edinburgh AC	29	John Frood	Law & District AAC
76	Reuben Lees	Edinburgh AC	30	Ethan Smyth	Livingston AC
77	Andrew Leighton	Edinburgh AC	31	Danny Fletcher	Lothian RC
78	Patrick Pim	Edinburgh AC	32	Ben Raistrick	Metro Aberdeen RC
79	Lukas Sonnevile	Edinburgh AC	33	Luke Grundy	North Ayrshire AAC
80	Hamish Hunter	Falkirk Victoria Harriers	34	Finn Smith	Springburn Harriers
81	Cahal McAtarsney	Falkirk Victoria Harriers	36	Thomas Gornall	Team East Lothian
82	Luke Sedman	Falkirk Victoria Harriers	37	Luke Mercer	Team East Lothian
83	Ray Taylor	Falkirk Victoria Harriers	38	Jake Page	Team East Lothian
84	Gregor Adamson	Gala Harriers	39	Joe Smith	Team East Lothian
85	Archie Dalglish	Gala Harriers	40	Gerard Gontor	VP-Glasgow AC
86	Charlie Dalglish	Gala Harriers	41	Coll Jackson	VP-Glasgow AC
87	Seb Darlow	Gala Harriers	42	Rhuaird Laing	VP-Glasgow AC
88	Oliver Hastie	Gala Harriers	43	Charlie Rankin	VP-Glasgow AC
89	Connor Campbell	Garscube Harriers	44	Jamie Turner	VP-Glasgow AC
90	Daniel Hendry	Garscube Harriers	45	Adam Watts	VP-Glasgow AC
91	Jamie McDonald	Garscube Harriers			
92	Theodore Stalin	Garscube Harriers			
93	Jackson Tower	Garscube Harriers			
94	Ethan Tyler	Garscube Harriers			
95	Archie Johnston	George Heriots School XC Club			
96	Hamish Mayes	George Heriots School XC Club			
97	Tim Rose	George Heriots School XC Club			
98	Rory Wilken	George Heriots School XC Club			

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Entry Lists

No.	Name	Club	No.	Name	Club
52	Hania Czebreszuk	Aberdeen AAC	1	Freya Campbell	Giffnock North AC
53	Abby Farquhar	Aberdeen AAC	2	Katy Donnelly	Giffnock North AC
54	Sarah McAllister	Aberdeen AAC	3	Rachael Niamh Hill	Giffnock North AC
55	Katie Sim	Aberdeen AAC	4	Iona Stroma Hubbard	Giffnock North AC
56	Eilidh Swanston	Aberdeen AAC	5	Saoirse McNulty	Giffnock North AC
57	Sarah Taylor	Aberdeen AAC	6	Isla Munro	Giffnock North AC
58	Leah Brown	Central AC	7	Lucy O'Donoghue	Giffnock North AC
59	Tabitha Mackenzie	Central AC	8	Ruth Walsh	Giffnock North AC
60	Robyn Abbie Mckerracher	Central AC	9	Scarlett Wilson	Giffnock North AC
61	Niamh McKinlay	Central AC	10	Erin McEleny	Greenock Glenpark Harriers
62	Charlotte MacPhie	Corstorphine AAC	11	Summer Taggart	Greenock Glenpark Harriers
63	Alice Mourao	Corstorphine AAC	12	Lara Brechin	Harmeny AC
64	Amy Andrew	East Kilbride AC	13	Skye Marshall	Harmeny AC
65	Rhianna Docherty	East Kilbride AC	14	Jemma Murray	Harmeny AC
66	Katie Fielding	East Kilbride AC	15	Halszka Musialowicz	Harmeny AC
67	Kayleigh Pew	East Kilbride AC	16	Natsai Nyabadza	Harmeny AC
68	Anna Cruden	Edinburgh AC	17	Meda Maria Reivyitis	Harmeny AC
69	Christina Edgar	Edinburgh AC	18	Helle Cordner	Helensburgh AAC
70	Dashka MacDonald	Edinburgh AC	19	Millie McClelland-Brooks	Inverclyde AC
71	Kate MacPhail	Edinburgh AC	20	Caitlyn Heggie	Inverness Harriers AAC
72	Elsa McGregor	Edinburgh AC	21	Poppy Bowers	Kilbarchan AAC
73	Megan McKay	Edinburgh AC	22	Elizabeth Burke	Kilbarchan AAC
74	Jessica Taylor	Edinburgh AC	23	Cara McMinn	Kilbarchan AAC
75	Lois Cant	Falkirk Victoria Harriers	24	Zara Redmond	Kilbarchan AAC
76	Chloe Davies	Falkirk Victoria Harriers	25	Amy Teasdale	Kilbarchan AAC
77	Leya Gibb	Falkirk Victoria Harriers	26	Molly Hunter	Kilmarnock H&AC
78	Lucie Gibson	Falkirk Victoria Harriers	27	Eve Starritt	Kilmarnock H&AC
79	Katie Hedges	Falkirk Victoria Harriers	28	Miho Sharp	Kirkintilloch Olympians
80	Charlotte Horne	Falkirk Victoria Harriers	29	Bethan Kitchin	Lasswade AC
81	Sarah-Jane Kane	Falkirk Victoria Harriers	30	Freya Mowbray	Lasswade AC
82	Isabella Ogg	Falkirk Victoria Harriers	31	Eloise Scott	Lasswade AC
83	Eilidh Turner	Falkirk Victoria Harriers	32	Neve Elliott	Law & District AAC
84	Eliza Konig	Fife AC	33	Jessica Inglis	Law & District AAC
85	Holly Ovens	Fife AC	34	Alayna McCann	Law & District AAC
86	Katie Sandilands	Fife AC	35	Hope Hinchcliffe	Livingston AC
87	Erin Gray	Gala Harriers	36	Imogen Marshall	Livingston AC
88	Poppy Lunn	Gala Harriers	37	Heather Sutherland	Livingston AC
89	Sophie Gibbons	Garscube Harriers	38	Tess Byrne	Lothian RC
90	Alice Henderson	Garscube Harriers	39	Ava Mooney	Moorfoot Runners
91	Anna MacKay	Garscube Harriers	40	Eilidh Hearn	Perth Strathtay Harriers
92	Jennifer MacMahon	Garscube Harriers	41	Lucy Ward	Perth Strathtay Harriers
93	Nina Padmanabhan	Garscube Harriers	42	Katie Burns	Shettleston Harriers
			43	Emma Leiper	Shettleston Harriers
			44	Katie Woods	Shettleston Harriers
			45	Abbie Stewart	Stornoway Running & AC
			46	Hannah Blanchard	Strathearn Harriers
			47	Eily Sinclair	Team East Lothian
			48	Arianna Carmichael	VP-Glasgow AC
			49	Islay Jackson	VP-Glasgow AC
			50	Carys Murrison	VP-Glasgow AC
			51	Orla Stewart	VP-Glasgow AC



Lindsays National Short Course Cross Country Championships
Entry Lists

No.	Name	Club	No.	Name	Club
1	Alexander Arris	Aberdeen AAC	49	James Alexander	Garscube Harriers
2	Harris Callander	Aberdeen AAC	50	James Burchmore	Garscube Harriers
3	Rhys Crawford	Aberdeen AAC	51	Fraser Donaldson	Garscube Harriers
4	Kyle Gibson	Aberdeen AAC	52	Christopher Hargreaves	Garscube Harriers
5	Finlay McKay	Aberdeen AAC	53	Daniel Owens	Garscube Harriers
6	Luk Miller-Gallego	Aberdeen AAC	54	Rory Treharne	Garscube Harriers
7	Thomas Reynolds	Aberdeen AAC	55	Archie Busson	George Heriots School XC Club
8	Finlay Robinson	Aberdeen AAC	56	David Ivory	George Heriots School XC Club
9	Joshua Harmon	Airdrie Harriers	57	Thomas Milne	George Heriots School XC Club
10	Alasdair Maclean	Ayr Seaforth AC	58	Finn Nichol	George Heriots School XC Club
11	Sam McCrorie	Ayr Seaforth AC	59	Keir Robertson	George Heriots School XC Club
12	Fraser McIntyre	Ayr Seaforth AC	60	Andrew Robinson	George Heriots School XC Club
13	Alistair Munro	Bellahouston Harriers	61	Finlay Wilson	George Heriots School XC Club
14	Adam Varey	Border Harriers & AC	62	Calan Chong	Giffnock North AC
15	Kai Wheeler	Calderglen Harriers	63	Jamie Connor	Giffnock North AC
16	Christopher Black	Cambuslang Harriers	64	Oliver Macdonald	Giffnock North AC
17	Cian Kearney	Cambuslang Harriers	65	Jude McGuigan	Giffnock North AC
18	Sam McCarthy	Cambuslang Harriers	66	Zac Meiklejohn	Giffnock North AC
19	Gabriel Murphy	Cambuslang Harriers	67	Alasdair Nugent	Giffnock North AC
20	Zach Seenan	Cambuslang Harriers	68	Thomas Reay	Giffnock North AC
21	Alex Dunlop	Central AC	69	Matthew Shaw	Giffnock North AC
22	Aaron Middleton	Central AC	70	Craig Shennan	Giffnock North AC
23	Conall Paterson	Central AC	71	Dillon Sim	Giffnock North AC
24	Corey Donaldson	Clydesdale Harriers	72	Jack Wallace	Giffnock North AC
25	Ruaraidh King	Clydesdale Harriers	73	Lewis McCrae	Greenock Glenpark Harriers
26	Zavier Martin	Clydesdale Harriers	74	Dair Alexander	Harmeny AC
27	Lewis Rider	Clydesdale Harriers	75	Cameron Caves	Harmeny AC
28	Lewis Andrews	Corstorphine AAC	76	Kieran Hardie	Harmeny AC
29	Lewis Harrison	Corstorphine AAC	77	Matthew Holden	Harmeny AC
30	Lucas Key	Corstorphine AAC	78	James Wotherspoon	Harmeny AC
31	George Vickers	Corstorphine AAC	79	Liam Kane	Inverclyde AC
32	Grant McEachern	Cumbernauld AAC	80	Nathan Fitzpatrick	Kilbarchan AAC
33	Mark Harley	Dunfermline Track and Field AC	81	Ryan Fitzpatrick	Kilbarchan AAC
34	Dylan Edwards	East Kilbride AC	82	Rhys Knights	Kilbarchan AAC
35	Jonathan Hunter	East Kilbride AC	83	Ryan Knights	Kilbarchan AAC
36	Alan robert Leitch	East Kilbride AC	84	Ian MacPherson	Kilbarchan AAC
37	Ryan McNamara	East Kilbride AC	85	Rory McKie	Kilbarchan AAC
38	Matthew McQuaid	East Kilbride AC	86	Ruaridh Miller	Kilbarchan AAC
39	Ciaran Muir	East Kilbride AC	87	Joshua Mungin	Kilbarchan AAC
40	Francis Santangeli	East Kilbride AC	88	Oliver Patton	Kilbarchan AAC
41	Aaron Thomson	East Kilbride AC	89	Andrew Shorts	Kilbarchan AAC
42	Patrick Barnes	Edinburgh AC	90	Lewis Stevenson	Kilbarchan AAC
43	Dylan Daunt	Edinburgh AC	91	Lewis Anderson	Kilmarnock H&AC
44	Jamie Duncan	Edinburgh AC	92	Gregor Samson	Kilmarnock H&AC
45	Luke Culliton	Falkirk Victoria Harriers	93	Jamie Work	Kilmarnock H&AC
46	Liam Flaherty	Falkirk Victoria Harriers	94	Andrew McWilliam	Lasswade AC
47	Callum Hendry	Falkirk Victoria Harriers	95	Rowan Taylor	Lasswade AC
48	Zico Field	Gala Harriers	96	Laurence Ward	Lasswade AC
			97	Innes Wright	Lasswade AC

Lindsays National Short Course Cross Country Championships
Entry Lists

No. Name	Club	No. Name	Club
98 Ryan Kellock	Law & District AAC		
99 Daniel Simpson	Law & District AAC		
100 Kaydan Day	Livingston AC		
101 Matthew MacIver	Livingston AC		
102 Jonathan Collings	Lothian RC		
103 George Insley	Metro Aberdeen RC		
104 FRASER MACKENZIE	Metro Aberdeen RC		
105 Luke Nicholls	Metro Aberdeen RC		
106 Ben Seath	Metro Aberdeen RC		
107 Kieran Fulton	Moorfoot Runners		
108 Callum Thompson	Nithsdale AC		
109 Sam Walton	North Ayrshire AAC		
110 Struan Gatherer	Perth Strathray Harriers		
111 Iain Jordan	Perth Strathray Harriers		
112 Jack McInnes	Pitreavie AAC		
113 Andrew Baird	Ross County AC		
114 Kaeden Thomas	Ross County AC		
115 Lachlan Thomas	Ross County AC		
116 Adam Clifford	Shettleston Harriers		
117 Matthew Fox	Shettleston Harriers		
118 Joseph Reilly	Shettleston Harriers		
119 Marcus Duncan	Stewartry AC		
120 Euan Green	Strathaven Striders		
121 Andrew Grant	Strathearn Harriers		
122 Ronnie Brown	Team East Lothian		
123 Charlie Copp	Team East Lothian		
124 Magnus Lawson	Team East Lothian		
125 Fraser Lupton	Team East Lothian		
126 Lewis Boal	VP-Glasgow AC		
127 Andrew Dunn	VP-Glasgow AC		

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No.	Name	Club	No.	Name	Club
93	Joanna Brown (V40)	Hunters Bog Trotters	151	Kathryn Campbell (V40)	Pitreavie AAC
94	Megan Mowbray (V40)	Hunters Bog Trotters	152	Morna Fleming (V70)	Pitreavie AAC
95	Claire Ward (V40)	Hunters Bog Trotters	153	Kim Forbes (V60)	Pitreavie AAC
96	Rachael Cunningham	Inverclyde AC	154	Nicola Moriarty (V50)	Pitreavie AAC
97	Hannah McGeehan	Inverclyde AC	155	Claire Stevens (V40)	Pitreavie AAC
98	Nynke Mulholland-Stummer	Inverclyde AC	156	Karyn Stewart	Pitreavie AAC
414	Meredith Reid (U20)	Inverclyde AC	157	Mari Bremner	Portobello RC
99	Brogan Wallace	Inverclyde AC	158	Alison Caldwell	Portobello RC
100	Libby Sutherland	Kilbarchan AAC	159	Karen Keast (V40)	Portobello RC
101	Amanda Bryden	Kilmarnock H&AC	160	Niamh Ni Mhaoileoin	Portobello RC
415	Izzy Caufield (U20)	Kilmarnock H&AC	161	Emma Baird	Shettleston Harriers
102	Kirsty McNulty (V40)	Kilmarnock H&AC	162	Aoife Carr	Shettleston Harriers
103	Marina McCallum (V50)	Kirkintilloch Olympians	163	ELENA HEGER	Shettleston Harriers
104	Alison Binns (V50)	Lasswade AC	164	Anna Macfadyen	Shettleston Harriers
105	Amy Frankland	Lasswade AC	165	Amy MacLellan	Shettleston Harriers
106	Reagan Binnie	Law & District AAC	166	Kirsty Mann	Shettleston Harriers
107	Elaine Boyle (V40)	Law & District AAC	167	Avril Mason (V40)	Shettleston Harriers
108	Lesley Graham (V40)	Law & District AAC	168	Charlene McCallum	Shettleston Harriers
109	Christine Neill	Law & District AAC	169	Lynn McKenna	Shettleston Harriers
110	Jessica Robson	Law & District AAC	170	Carly Monaghan	Shettleston Harriers
111	Siobhan Coleman	Linlithgow AC	171	Holly Morrison	Shettleston Harriers
112	Christine Mulholland (V50)	Linlithgow AC	172	Victoria Riddell	Shettleston Harriers
113	Denise Tracey (V50)	Linlithgow AC	173	Fionnuala Ross	Shettleston Harriers
416	Kirsten Morris (U20)	Livingston AC	174	Hannah Terrance	Shettleston Harriers
114	Avril Pearson (V50)	Livingston AC	175	Ruth Fraser-Moodie (V40)	Springburn Harriers
115	Yvonne Crilly (V60)	Lothian RC	176	Catriona Gillen	Springburn Harriers
116	Kirsty Gray (V40)	Lothian RC	177	Barbara Knox (V60)	Springburn Harriers
117	Emma Purdie (V40)	Lothian RC	178	Michelle Sandison (V40)	Springburn Harriers
118	Hazel Ross (V50)	Lothian RC	418	Katie Higgins (U20)	Stirling University AC
119	Judith Thomson (V50)	Lothian RC	419	Joni Smith (U20)	Stornoway Running & AC
120	Joanne Turnbull (V50)	Lothian RC	420	Ellen Astley (U20)	Strathclyde Univ Harriers
121	Helen Woollven (V40)	Lothian RC	421	Roisin Cameron Coyle (U20)	Strathclyde Univ Harriers
122	Harriet Arnott	Metro Aberdeen RC	179	Eva Peter	Strathclyde Univ Harriers
123	Ruth Crawford (V40)	Metro Aberdeen RC	180	Charlotte Smith	Strathclyde Univ Harriers
124	Gemma Slater (V40)	Metro Aberdeen RC	422	Beth Trainer (U20)	Strathclyde Univ Harriers
125	Katie Anderson	Moray RR	181	Rosie Willis	Strathclyde Univ Harriers
126	Katja Blunden (V40)	Moray RR	423	Natasha Myles (U20)	Strathclyde Univ Harriers
127	Gemma Cormack	Moray RR	424	Jessica Bullen (U20)	Team East Lothian
417	Beth Urquhart (U20)	Moray RR	425	Ella Nicholson (U20)	Team East Lothian
128	Megan Donaldson	Motherwell AC	182	Katrine Kelly (V40)	Troon Tortoises AC
129	Emma Knox	Motherwell AC	183	Diane Mckinney	Troon Tortoises AC
130	Jaclyn Molloy (V40)	Motherwell AC	184	Gillian Black	VP-Glasgow AC
131	Emma Morris	Motherwell AC	185	Christine Irvine	VP-Glasgow AC
132	Emma Smith	Motherwell AC	186	Lorne Kerr	VP-Glasgow AC
133	Emma Craig (V40)	Newton Road Runners	187	Malwina Ollik	VP-Glasgow AC
134	Claire Hurley	Newton Road Runners	188	Emma Thompson	VP-Glasgow AC
135	Fiona Thomson (V40)	Newton Road Runners	189	Julia Wylie (V50)	VP-Glasgow AC
136	Joanne Thorburn (V40)	Newton Road Runners	190	Kate Goldsmith	West End RR
137	Jacqueline Wylie (V40)	Newton Road Runners	191	Kirsty Hurt	West End RR
138	Rachel Gibson	North Down AC	192	GRACE MACKIE	West End RR
139	Lillie Giggie	Orkney Athletic & Running Club	193	Hannah Mearns	West End RR
140	Susan Bothwell (V60)	Perth RR	194	Ray Musleh (V40)	West End RR
141	Paige Brown	Perth RR	195	Karen Patel (V40)	West End RR
142	Lynn Gatherer (V40)	Perth RR	196	Rhona Proctor (V40)	West End RR
143	Fiona Manson (V50)	Perth RR	197	Amy Walls	West End RR
144	Fabienne Thompson (V50)	Perth RR	426	Olivia Boyle (U20)	Whitemoss AAC
145	Clare Graham (V50)	PH Racing Club			
146	Anne Hartmann (V40)	PH Racing Club			
147	Julie Menzies (V50)	PH Racing Club			
148	Sarah Paterson	PH Racing Club			
149	Judith Turner (V50)	PH Racing Club			
150	Mary Western (V60)	PH Racing Club			

No.	Name	Club	No.	Name	Club
477	Max Abernethy	Aberdeen AAC	532	Andrew Buchanan (V40)	Calderglen Harriers
478	Joe Barton	Aberdeen AAC	533	Gerard Connelly (V50)	Calderglen Harriers
676	Caleb Brock (U20)	Aberdeen AAC	534	Russell Couper (V50)	Calderglen Harriers
479	Adam Brown	Aberdeen AAC	535	Alan Derrick (V50)	Calderglen Harriers
480	Andrew Casey	Aberdeen AAC	536	George Ferguson (V60)	Calderglen Harriers
481	Eoghan MacNamara	Aberdeen AAC	537	Martin Howell (V50)	Calderglen Harriers
677	Caleb McGuire (U20)	Aberdeen AAC	538	Kenny Leinster (V60)	Calderglen Harriers
678	Hamish McKay (U20)	Aberdeen AAC	539	Gordon McInally (V50)	Calderglen Harriers
482	Rory Muir	Aberdeen AAC	540	Allan Mclellan (V60)	Calderglen Harriers
483	Steven Murray	Aberdeen AAC	541	Stephen Phimister (V50)	Calderglen Harriers
484	Ben Nelson	Aberdeen AAC	542	David Searil (V60)	Calderglen Harriers
485	Fearghas Thomson	Aberdeen AAC	543	David Watt (V60)	Calderglen Harriers
486	Mohamed Warsame	Aberdeen AAC	544	Andrew Carey	Cambuslang Harriers
487	John Brogan (V40)	Airdrie Harriers	545	Brendan Carey	Cambuslang Harriers
488	Alan Burns (V40)	Airdrie Harriers	546	Michael Christoforou	Cambuslang Harriers
489	Paul O'Hear	Airdrie Harriers	547	Iain Crawford (V50)	Cambuslang Harriers
490	Steven Phillips (V40)	Airdrie Harriers	548	Findlay Dickson	Cambuslang Harriers
491	Stephen Purvis (V50)	Airdrie Harriers	549	Colin Feechan (V60)	Cambuslang Harriers
492	Stephen Richardson	Airdrie Harriers	550	Steven Fitzpatrick	Cambuslang Harriers
493	Brian Thomson	Airdrie Harriers	551	Mark Gallacher (V40)	Cambuslang Harriers
494	Joseph Burns (V50)	Ayr Seaforth AC	552	Mark Gallacher (V50)	Cambuslang Harriers
495	Peter Maclean (V50)	Ayr Seaforth AC	553	Stuart Gibson (V40)	Cambuslang Harriers
496	Kenneth Neill (V40)	Ayr Seaforth AC	554	Ian Hodge	Cambuslang Harriers
497	Lewis Ross	Ayr Seaforth AC	679	Joel MacInnes (U20)	Cambuslang Harriers
498	Stuart Ferguson	Banchory Stonehaven AC	680	Seonaidh MacInnes (U20)	Cambuslang Harriers
499	Andrew Ferguson Snr (V60)	Banchory Stonehaven AC	555	Stan MacKenzie (V60)	Cambuslang Harriers
500	Duncan Anderson	Bellahouston Harriers	556	Jamie MacKinnon	Cambuslang Harriers
501	Fraser Armstrong	Bellahouston Harriers	557	Callum Matthews	Cambuslang Harriers
502	Brent Brodie (V50)	Bellahouston Harriers	558	Gary Miller (V50)	Cambuslang Harriers
503	Matthew Brown	Bellahouston Harriers	559	Daniel O'Connell (V50)	Cambuslang Harriers
504	Iain Buckley	Bellahouston Harriers	560	Chris Paton (V50)	Cambuslang Harriers
505	Iain Carroll (V40)	Bellahouston Harriers	681	Finlay Robb (U20)	Cambuslang Harriers
506	Greig Corr-Macleod	Bellahouston Harriers	561	Gordon Robertson (V40)	Cambuslang Harriers
507	John Cunningham (V50)	Bellahouston Harriers	682	Lewis Roddis (U20)	Cambuslang Harriers
508	David Gemmell (V40)	Bellahouston Harriers	562	Gavin Smith	Cambuslang Harriers
509	Graeme Gemmell (V50)	Bellahouston Harriers	563	Edward Stewart (V60)	Cambuslang Harriers
510	Jack Heathwood	Bellahouston Harriers	564	Callum Tharme	Cambuslang Harriers
511	Garry Henderson (V50)	Bellahouston Harriers	565	David Thom (V60)	Cambuslang Harriers
512	James McLaughlin (V50)	Bellahouston Harriers	566	Chris Upson (V60)	Cambuslang Harriers
513	Matthew O'Connor	Bellahouston Harriers	567	Iain Wallace (V50)	Cambuslang Harriers
514	Simon Parkinson (V50)	Bellahouston Harriers	568	David Wardrope (V50)	Cambuslang Harriers
515	Alastair Patience (V50)	Bellahouston Harriers	569	Callum Wright	Cambuslang Harriers
516	Kenneth Scott (V40)	Bellahouston Harriers	570	Ross Crombie (V40)	Carnegie Harriers
517	Lee Shaw	Bellahouston Harriers	571	Barry Davie (V40)	Carnegie Harriers
518	Kevin Smith (V60)	Bellahouston Harriers	572	Gary Evans (V60)	Carnegie Harriers
519	Calum Borthwick	Bellahouston RR	573	Kenny Fairfield (V50)	Carnegie Harriers
520	Thomas Burridge	Bellahouston RR	574	John Fulham (V50)	Carnegie Harriers
521	Alan Chalmers	Bellahouston RR	575	Jamie Harte	Carnegie Harriers
522	Kenneth Crawford (V50)	Bellahouston RR	576	Gordon Henderson	Carnegie Harriers
523	Gerard Croser	Bellahouston RR	577	Ben Hopkin (V40)	Carnegie Harriers
524	Dean Dempsey	Bellahouston RR	578	John Hynd (V60)	Carnegie Harriers
525	Ronnie Hart (V50)	Bellahouston RR	579	Neil McLure (V50)	Carnegie Harriers
526	Anthony Lucio Jannetta (V40)	Bellahouston RR	580	Jonathan Millar (V40)	Carnegie Harriers
527	BRYAN KERR	Bellahouston RR	581	Brian Miller (V40)	Carnegie Harriers
528	Stuart Laurence	Bellahouston RR	582	Kieran Morgan (V60)	Carnegie Harriers
529	Alistair Macdonald (V60)	Bellahouston RR	583	Alan Murray (V50)	Carnegie Harriers
530	Martin Murphy (V40)	Bellahouston RR	584	Phil Smithard (V70)	Carnegie Harriers
531	Lewis Roberts	Bellahouston RR	585	Gordon Somerville (V60)	Carnegie Harriers

No.	Name	Club	No.	Name	Club
596	Eddie Narbett	Carnethy Hill Racing Club	58	James Buchanan (V50)	Dumfries RC
1	Colin Alexander (V50)	Central AC	59	Kevin Gordon (V40)	Dumfries RC
683	Euan Andrews (U20)	Central AC	60	Robert Gordon (V50)	Dumfries RC
2	Gordon Appelbe (V40)	Central AC	61	Andrew Brown (V40)	Dunbar AC
684	Connor Bell (U20)	Central AC	62	Gordon Barrie (V50)	Dundee Hawkhill Harriers
685	Struan Bennet (U20)	Central AC	63	Donald Gavine	Dundee Hawkhill Harriers
3	Scott Brember (V50)	Central AC	64	Munro Stewart	Dundee Hawkhill Harriers
4	Sam Burton	Central AC	65	Raymond Tully (V50)	Dundee Hawkhill Harriers
5	Dale Colley	Central AC	66	David Aitken (V40)	Dundee Road Runners
6	Jamie Crowe	Central AC	67	John Mill (V50)	Dundee Road Runners
7	Tony Disley (V50)	Central AC	68	Jim Morton (V50)	Dundee Road Runners
686	Euan Docherty (U20)	Central AC	69	Marcus Sheridan	Dundee Road Runners
8	David Eckersley (V60)	Central AC	692	Laurence Petty (U20)	Dundee University AC and XC club
9	Luca Fanottoli	Central AC	693	Dominic Drylie (U20)	Dunfermline Track and Field AC
10	Charles Graham-Marr (V60)	Central AC	70	Grant Baillie (V40)	East Kilbride AC
11	Hamish Hickey	Central AC	71	Alan Baxter (V40)	East Kilbride AC
12	Andrew Irvine	Central AC	72	Andrew Chapman (V40)	East Kilbride AC
687	Cameron Kerr (U20)	Central AC	694	Calum Charters (U20)	East Kilbride AC
13	Joel Lange	Central AC	73	Keith Charters (V50)	East Kilbride AC
14	Ben MacMillan	Central AC	74	Gordon Colvin (V60)	East Kilbride AC
688	Cameron MacMillan (U20)	Central AC	75	John Edwards (V40)	East Kilbride AC
15	Alastair Marshall	Central AC	76	Andrew Forteach (V40)	East Kilbride AC
689	Jonathan Marshall (U20)	Central AC	77	Colin Frew (V40)	East Kilbride AC
16	Gavin McCaffrey	Central AC	78	David Gorman	East Kilbride AC
17	Cameron Milne	Central AC	79	Graeme Haddow (V60)	East Kilbride AC
18	Calum Phillip	Central AC	695	Sam Hosie (U20)	East Kilbride AC
19	James Taylor	Central AC	80	Jack Kirwan	East Kilbride AC
690	Daniel Docherty (U20)	Clydesdale Harriers	81	Luke Kirwan	East Kilbride AC
20	Tony Dolan	Clydesdale Harriers	82	Marc Loveday	East Kilbride AC
21	Michael Miller	Clydesdale Harriers	83	Thomas McLaughlin	East Kilbride AC
22	Iain Robertson (V40)	Clydesdale Harriers	84	Arthur Mulholland (V60)	East Kilbride AC
23	Peter Rudzinski (V70)	Clydesdale Harriers	85	David Thomson	East Kilbride AC
24	Graeme Wiseman (V50)	Clydesdale Harriers	696	Lewis Thorpe (U20)	East Kilbride AC
25	Robert Young (V80)	Clydesdale Harriers	86	Finlay Murray	East Sutherland AC
26	David Arnott (V50)	Corstorphine AAC	87	Myles Bax	Edinburgh AC
27	Peter Bird	Corstorphine AAC	88	Craig Bell	Edinburgh AC
28	Steven Blair (V50)	Corstorphine AAC	89	Nathan Brown	Edinburgh AC
29	Stuart Campbell (V50)	Corstorphine AAC	90	Peter Cameron	Edinburgh AC
30	Michael Connelly (V60)	Corstorphine AAC	91	Gerry Campbell (V50)	Edinburgh AC
31	Keith Copland (V50)	Corstorphine AAC	92	Freddie Carcas	Edinburgh AC
32	William Crossman	Corstorphine AAC	93	Max Carcas (V50)	Edinburgh AC
33	Dermot Cummins	Corstorphine AAC	94	Richard Clark (V40)	Edinburgh AC
34	Alan Cunningham (V50)	Corstorphine AAC	95	Dave Clements (V50)	Edinburgh AC
35	Jack Eykelbosch	Corstorphine AAC	96	Gavin Cooney	Edinburgh AC
36	Stuart Fenwick	Corstorphine AAC	97	Iain Craven (V40)	Edinburgh AC
37	Tom Ferrington (V40)	Corstorphine AAC	98	Chris Creegan (V60)	Edinburgh AC
38	Christopher Fife	Corstorphine AAC	99	David Cross (V50)	Edinburgh AC
39	Jack Fullerton	Corstorphine AAC	100	Matthew Davies	Edinburgh AC
40	Telfer Gray	Corstorphine AAC	101	Aaron Devereaux (V50)	Edinburgh AC
41	Aaron Hoyle	Corstorphine AAC	102	Shane Donnellan	Edinburgh AC
42	Callum Hunter	Corstorphine AAC	103	Ewan Egan	Edinburgh AC
43	Iain Macleod (V50)	Corstorphine AAC	104	Paul Forbes (V60)	Edinburgh AC
44	Calum McKenzie	Corstorphine AAC	105	Peter Graham	Edinburgh AC
45	Blair Montgomery	Corstorphine AAC	106	Tim Hely (V50)	Edinburgh AC
46	David Pattison (V40)	Corstorphine AAC	107	Noah Howlett	Edinburgh AC
47	Tristan Rabaeijs	Corstorphine AAC	108	Andrej Kujikis	Edinburgh AC
48	Angus Smith	Corstorphine AAC	109	Andrew Latham (V50)	Edinburgh AC
49	Fraser Smith	Corstorphine AAC	110	Samuel Leitch	Edinburgh AC
691	Ryan Snitjer (U20)	Corstorphine AAC	111	John Lenehan	Edinburgh AC
50	Stephen Allen (V50)	Cumbernauld AAC	112	Mark MacDermot	Edinburgh AC
51	Callum Ballantyne	Cumbernauld AAC	113	Iain Macdonald	Edinburgh AC
52	Andrew Callan (V50)	Cumbernauld AAC	114	Scott Macleod	Edinburgh AC
53	Allan Cameron (V50)	Cumbernauld AAC	115	Sam MacNeil	Edinburgh AC
54	Sean Casey (V50)	Cumbernauld AAC	116	John Mowbray	Edinburgh AC
55	Martin Fitchie (V40)	Cumbernauld AAC	117	Ben Nicolson	Edinburgh AC
56	Walter Henderson (V50)	Cumbernauld AAC	118	Lewis Orr (V50)	Edinburgh AC
57	Ross McEachern (V50)	Cumbernauld AAC	119	Sage Pearce-Higgins	Edinburgh AC

No.	Name	Club	No.	Name	Club
120	Gavin Phillip (V50)	Edinburgh AC	162	Tim Darlow (V40)	Gala Harriers
121	Gordon Pryde (V40)	Edinburgh AC	163	Darrell Hastie (V40)	Gala Harriers
122	Terry Roberts (V40)	Edinburgh AC	164	Ian Maxwell (V60)	Gala Harriers
123	David Steele (V60)	Edinburgh AC	622	Robbie Welsh (U20)	Gala Harriers
124	Eric Stevenson (V70)	Edinburgh AC	165	Kristan Alexander (V40)	Garscube Harriers
125	Josh Taylor	Edinburgh AC	166	Duncan Boyd (V50)	Garscube Harriers
126	Karel Vesely	Edinburgh AC	167	Craig Brown (V50)	Garscube Harriers
127	Iain Whitaker (V40)	Edinburgh AC	168	Daniel Burns	Garscube Harriers
601	Cameron Anderson (U20)	Edinburgh Univ Hare and Hounds	623	Matthew Burnside (U20)	Garscube Harriers
128	Alasdair Bisset	Edinburgh Univ Hare and Hounds	169	Euan Convery	Garscube Harriers
129	Peter Bradshaw	Edinburgh Univ Hare and Hounds	170	John Coyle (V50)	Garscube Harriers
130	David Bunn	Edinburgh Univ Hare and Hounds	171	Mike Donaldson (V50)	Garscube Harriers
602	Lucas Cairns (U20)	Edinburgh Univ Hare and Hounds	172	Nicholas Gemmell (V50)	Garscube Harriers
603	Liam Edwards (U20)	Edinburgh Univ Hare and Hounds	173	Mykola Kulakov (V40)	Garscube Harriers
604	Conor Gourley (U20)	Edinburgh Univ Hare and Hounds	174	Graeme Little (V40)	Garscube Harriers
605	Harry Henriksen (U20)	Edinburgh Univ Hare and Hounds	624	Callum MacDonald (U20)	Garscube Harriers
131	Jack Johnston	Edinburgh Univ Hare and Hounds	175	Gordon MacKay (V40)	Garscube Harriers
132	Matt Knowles	Edinburgh Univ Hare and Hounds	176	James MacLeod (V40)	Garscube Harriers
133	Alex Mackenzie	Edinburgh Univ Hare and Hounds	177	Timothy Martin	Garscube Harriers
606	Milo Mergler (U20)	Edinburgh Univ Hare and Hounds	178	James McAneny (V60)	Garscube Harriers
607	Luca Messenger-Jones (U20)	Edinburgh Univ Hare and Hounds	179	Iain McFarlane (V40)	Garscube Harriers
608	Joseph O'Keefe (U20)	Edinburgh Univ Hare and Hounds	180	Robert McLennan (V60)	Garscube Harriers
609	Euan Patton (U20)	Edinburgh Univ Hare and Hounds	181	Jordan Queen	Garscube Harriers
610	Jacob Rankin (U20)	Edinburgh Univ Hare and Hounds	182	Daniel Scroop (V50)	Garscube Harriers
611	Huw Riley (U20)	Edinburgh Univ Hare and Hounds	183	Craig Shields (V40)	Garscube Harriers
612	Finlay Ross (U20)	Edinburgh Univ Hare and Hounds	184	Athole Smith (V60)	Garscube Harriers
613	Finlay Ross-Davie (U20)	Edinburgh Univ Hare and Hounds	625	Crawford Smith (U20)	Garscube Harriers
614	Oscar Shepherd (U20)	Edinburgh Univ Hare and Hounds	185	Gavin Spence	Garscube Harriers
615	Neil Silence (U20)	Edinburgh Univ Hare and Hounds	186	Graeme Taylor (V40)	Garscube Harriers
134	Sebastian Staveley	Edinburgh Univ Hare and Hounds	187	Ian Thomson (V40)	Garscube Harriers
616	Andrew Thomson (U20)	Edinburgh Univ Hare and Hounds	626	Charlie Treharne (U20)	Garscube Harriers
135	Jack Trainer	Edinburgh Univ Hare and Hounds	188	Gareth Treharne (V50)	Garscube Harriers
136	Alex Wetherill	Edinburgh Univ Hare and Hounds	189	Colin Whitby (V40)	Garscube Harriers
617	Angus Wright (U20)	Edinburgh Univ Hare and Hounds	190	James Wilkes	Garscube Harriers
137	Blayne Wright	Edinburgh Univ Hare and Hounds	191	Nicholas Boyle	Giffnock North AC
138	Stephen Baird (V50)	Falkirk Victoria Harriers	192	Michael Cross (V40)	Giffnock North AC
139	Scott Ballantine	Falkirk Victoria Harriers	193	Rob Crusher (V50)	Giffnock North AC
140	Scott Burton	Falkirk Victoria Harriers	194	Conor Drummond	Giffnock North AC
141	Malcolm Finlayson (V50)	Falkirk Victoria Harriers	195	Nikolai Gajic	Giffnock North AC
142	Martin Gower (V50)	Falkirk Victoria Harriers	196	Ross Good	Giffnock North AC
143	Fraser Houston (V50)	Falkirk Victoria Harriers	627	Glen Griffiths (U20)	Giffnock North AC
618	Gregor Hunter (U20)	Falkirk Victoria Harriers	197	Stephen Hall (V40)	Giffnock North AC
144	Craig Johnston (V50)	Falkirk Victoria Harriers	198	Miles Hollinshead	Giffnock North AC
145	Calum Little	Falkirk Victoria Harriers	199	Scott Kelman	Giffnock North AC
146	Euan Martin	Falkirk Victoria Harriers	628	Matthew Knak (U20)	Giffnock North AC
147	JAMIE MCALDINE	Falkirk Victoria Harriers	200	Ruairidh MacLean (V40)	Giffnock North AC
619	Andrew Mckechnie (U20)	Falkirk Victoria Harriers	629	Euan O'Brien (U20)	Giffnock North AC
148	Michael McQuaid (V60)	Falkirk Victoria Harriers	630	Ross O'brien (U20)	Giffnock North AC
149	Alan Purves	Falkirk Victoria Harriers	201	Jordan Orr	Giffnock North AC
150	James Steel	Falkirk Victoria Harriers	202	Duncan Robinson	Giffnock North AC
151	Scott Stirling	Falkirk Victoria Harriers	203	David Shaw (V50)	Giffnock North AC
620	Ben Charles Sutherland (U20)	Falkirk Victoria Harriers	204	David Smith	Giffnock North AC
152	Sandy Bell (V50)	Fife AC	205	Jamie Taggart	Giffnock North AC
153	Alan Gibson (V60)	Fife AC	206	Oliver Traynor	Giffnock North AC
154	Alistair Gudgin	Fife AC	207	Stephen Addison	Glasgow University Hares and Hounds
155	James Hall (V40)	Fife AC	631	Ewan Anderson (U20)	Glasgow University Hares and Hounds
621	Reiss Marshall (U20)	Fife AC	632	Finn Boylan (U20)	Glasgow University Hares and Hounds
156	Tony Martin (V70)	Fife AC	208	Jack Chambers	Glasgow University Hares and Hounds
157	John McIntyre Snr (V50)	Fife AC	633	Harry Clark (U20)	Glasgow University Hares and Hounds
158	Michael Sanderson	Fife AC	634	Fergus Currie (U20)	Glasgow University Hares and Hounds
159	Ben Sandilands	Fife AC	209	Simon Dalton Celis	Glasgow University Hares and Hounds
160	Rory Sandilands (V40)	Fife AC	635	Elliot Frame (U20)	Glasgow University Hares and Hounds
161	John Thomson (V60)	Fife AC	210	Sandy Gilhooly	Glasgow University Hares and Hounds
			636	Cieron Hadfield (U20)	Glasgow University Hares and Hounds
			211	Ieuan Harries	Glasgow University Hares and Hounds
			212	Sebastian King	Glasgow University Hares and Hounds
			213	Andres La Riva	Glasgow University Hares and Hounds

No.	Name	Club	No.	Name	Club
214	Maximilian MacDonald	Glasgow University Hares and Hounds	272	Nicholas Carter	Kilmarnock H&AC
637	Harry McAuley (U20)	Glasgow University Hares and Hounds	650	Jonathon Downey (U20)	Kilmarnock H&AC
595	Andrew McGill (U20)	Glasgow University Hares and Hounds	273	Craig Ferguson	Kilmarnock H&AC
215	Harry McGill	Glasgow University Hares and Hounds	274	Scott Lyden	Kilmarnock H&AC
639	Zak Povey (U20)	Glasgow University Hares and Hounds	275	Murray McDonald	Kilmarnock H&AC
640	Finlay Raynor (U20)	Glasgow University Hares and Hounds	651	Charlie McNulty (U20)	Kilmarnock H&AC
641	Barnaby Sharifi (U20)	Glasgow University Hares and Hounds	276	Jamie Nix	Kilmarnock H&AC
216	Magnus Tait	Glasgow University Hares and Hounds	652	Jamie Phillips (U20)	Kilmarnock H&AC
217	Lewis Tharme	Glasgow University Hares and Hounds	653	Connor Scobie (U20)	Kilmarnock H&AC
218	Oliver Watson	Glasgow University Hares and Hounds	277	James Wales	Kilmarnock H&AC
219	George Yarr	Glasgow University Hares and Hounds	278	Owen Walpole	Kilmarnock H&AC
220	Steven Campbell (V40)	Greenock Glenpark Harriers	279	David Scott (V40)	Kinross RR
221	Stuart Crawford (V50)	Greenock Glenpark Harriers	280	Kevin Dunn	Kirkintilloch Olympians
222	Campbell Cromar (V60)	Greenock Glenpark Harriers	281	Scott Elliott (V60)	Kirkintilloch Olympians
223	Daniel Doherty (V40)	Greenock Glenpark Harriers	282	Ruairi Ferris	Kirkintilloch Olympians
224	James Doherty (V40)	Greenock Glenpark Harriers	283	Matthew Graham	Kirkintilloch Olympians
225	Michael Dunn (V60)	Greenock Glenpark Harriers	284	Andrew Kirk	Kirkintilloch Olympians
226	Gerry Gallacher (V40)	Greenock Glenpark Harriers	285	Kyle Paterson	Kirkintilloch Olympians
227	Stephen Harrison (V50)	Greenock Glenpark Harriers	286	Kenny Robertson	Kirkintilloch Olympians
642	Kyle Johnstone (U20)	Greenock Glenpark Harriers	287	Jonathan Sharp (V40)	Kirkintilloch Olympians
228	Neil Lafferty (V40)	Greenock Glenpark Harriers	288	Oscar Gomez Morillo (V40)	Lasswade AC
229	Greg Luke	Greenock Glenpark Harriers	289	Euan Hood	Lasswade AC
230	Andrew McCall	Greenock Glenpark Harriers	290	Kenneth McWilliam (V40)	Lasswade AC
231	Colin McKnight (V40)	Greenock Glenpark Harriers	291	Ben Fountain	Law & District AAC
232	Daniel McLaughlin (V60)	Greenock Glenpark Harriers	292	Matthew Gillon	Law & District AAC
233	Frank McMahon (V70)	Greenock Glenpark Harriers	293	Mark Hand (V50)	Law & District AAC
234	Paul Monaghan (V50)	Greenock Glenpark Harriers	294	Bobby Hill	Law & District AAC
235	Euan Morrison (V40)	Greenock Glenpark Harriers	295	Martin Kay (V40)	Law & District AAC
236	Alan O'Rourke (V50)	Greenock Glenpark Harriers	296	Grant Kerr	Law & District AAC
237	Gerard Robertson (V50)	Greenock Glenpark Harriers	654	Oscar Logan (U20)	Law & District AAC
238	John Stevenson (V50)	Greenock Glenpark Harriers	297	Grant Mackenzie	Law & District AAC
239	William Taylor	Greenock Glenpark Harriers	298	Finn Milligan	Law & District AAC
643	Shaun Wiseman (U20)	Greenock Glenpark Harriers	299	Mark Milligan (V50)	Law & District AAC
240	Ewart Gray (V60)	Hamilton Harriers	300	Jordon Morrison	Law & District AAC
241	Murray McAlpine	Hamilton Harriers	301	Darran Muir (V40)	Law & District AAC
242	David Alexander (V50)	Harmeny AC	302	Allan Neill	Law & District AAC
243	Jon Denis (V50)	Harmeny AC	303	John O'Leary (V60)	Law & District AAC
244	Philip Holden (V40)	Harmeny AC	304	Kieran Pugh	Law & District AAC
644	Archie Irwin (U20)	Harmeny AC	655	Logan Whitton (U20)	Law & District AAC
645	Ethan Lorimer (U20)	Harmeny AC	305	Bobby Wotherspoon (V50)	Law & District AAC
245	George Lupton (V40)	Harmeny AC	306	Zander Bohle	Linlithgow AC
246	Andrew Ross (V50)	Harmeny AC	307	Jose Leon	Linlithgow AC
646	Alasdair Wallace (U20)	Harmeny AC	656	Logan Beagley (U20)	Livingston AC
247	Paul Dunn	Helensburgh AAC	657	Daniel Sutherland (U20)	Livingston AC
248	Steven Rudland (V50)	Hunters Bog Trotters	308	Fraser Ballantine (V40)	Lothian RC
249	Ray Ward (V40)	Hunters Bog Trotters	309	Ross Henderson (V40)	Lothian RC
250	John Bell	Inverclyde AC	310	Dougie Hunter (V50)	Lothian RC
251	Alan Callan (V40)	Inverclyde AC	311	Ryan Kirkland	Lothian RC
252	Colin Doherty	Inverclyde AC	312	Alan Knowles (V40)	Lothian RC
253	Mark Doherty (V40)	Inverclyde AC	313	Mick Mckean (V50)	Lothian RC
254	Sean Gaffney	Inverclyde AC	314	Harry Mulholland (V60)	Lothian RC
255	Ross Gray	Inverclyde AC	315	Keith Mulraney (V50)	Lothian RC
256	Ryan Gray	Inverclyde AC	316	Moray Pryde	Lothian RC
257	Michael Houston	Inverclyde AC	317	Jordan Cruickshank	Metro Aberdeen RC
258	Graeme Hyett (V40)	Inverclyde AC	318	Kenny Garden	Metro Aberdeen RC
259	Jason Kane	Inverclyde AC	319	Richard Holland (V60)	Metro Aberdeen RC
260	Robert Paterson (V50)	Inverclyde AC	320	Martin Insley (V40)	Metro Aberdeen RC
261	Ben Potrykus	Inverclyde AC	321	Mark Johnson (V60)	Metro Aberdeen RC
262	David Tamburini (V40)	Inverclyde AC	322	RANKIN LASCELLES (V40)	Metro Aberdeen RC
263	Peter Tucker (V40)	Inverclyde AC	323	Nigel O'Neill (V40)	Metro Aberdeen RC
264	Luke Davidson	Inverness Harriers AAC	324	Mark Raistrick (V40)	Metro Aberdeen RC
265	Owen McWilliams	Irvine RC	658	Murray Scott (U20)	Metro Aberdeen RC
266	Michael Rimicans	Irvine RC	325	Calum Sinclair	Metro Aberdeen RC
267	Robbie Ferguson	Kilbarchan AAC	326	Mark Wilkins (V40)	Metro Aberdeen RC
647	Fraser Gilmour (U20)	Kilbarchan AAC	327	Mark Young	Metro Aberdeen RC
268	Lewis Hannigan	Kilbarchan AAC			
269	Stuart Kerr	Kilbarchan AAC			
648	Luke Lindsay (U20)	Kilbarchan AAC			
270	Ewan McKerral	Kilbarchan AAC			
649	Josh McKinlay (U20)	Kilbarchan AAC			

No.	Name	Club	No.	Name	Club
328	Matthew Blunden (V40)	Moray RR	389	Christian Barlow	Portobello RC
329	John Urquhart (V50)	Moray RR	390	Matt Bird	Portobello RC
330	John Burns (V60)	Motherwell AC	391	Alex Garvie (V50)	Portobello RC
331	Iain Campbell (V40)	Motherwell AC	392	Marc Giamblanco (V40)	Portobello RC
332	Anthony Devlin (V40)	Motherwell AC	393	William Jarvie (V60)	Portobello RC
333	Scott Dickson	Motherwell AC	394	Jonah Jones	Portobello RC
334	Peter Gallagher (V50)	Motherwell AC	395	David Limmer	Portobello RC
335	David Gardiner (V50)	Motherwell AC	396	Donald Macrae (V40)	Portobello RC
336	Colin Gardner (V50)	Motherwell AC	397	Patrick Nelis (V60)	Portobello RC
337	David Hoolaghan (V40)	Motherwell AC	398	Slawomir Pietrzak (V40)	Portobello RC
338	Angus Irvine (V40)	Motherwell AC	399	Alan Risk	Portobello RC
339	Alastair Loudon (V40)	Motherwell AC	400	Graeme Stewart	Portobello RC
340	Alan Main	Motherwell AC	401	David Worrall (V40)	Portobello RC
341	Brian McLinden (V60)	Motherwell AC	402	Christopher Oâ€™™ Grady	Red Star AC
659	Lewis McLuskey (U20)	Motherwell AC	403	William Bradley	Shettleston Harriers
342	Jonathan Moore	Motherwell AC	404	Callum Butterworth	Shettleston Harriers
343	Derek O'Neill (V40)	Motherwell AC	405	Stephen Clark	Shettleston Harriers
344	Robert Pattinson (V50)	Motherwell AC	406	Fred Davies	Shettleston Harriers
345	Mark Keast (V40)	Musselburgh and District AC	407	David I Houston	Shettleston Harriers
346	Ronald Mason	Musselburgh and District AC	408	Sam Lesley	Shettleston Harriers
347	James Mayers (V60)	Musselburgh and District AC	409	Scott McKelvie	Shettleston Harriers
348	Paul Slifer (V50)	Musselburgh and District AC	410	Richard Millar (V40)	Shettleston Harriers
349	Robert Turner (V50)	Musselburgh and District AC	411	Philip Neilson	Shettleston Harriers
350	Peter Alexander	Newton Road Runners	412	Gerard Pelegri	Shettleston Harriers
351	Alastair Drummond (V40)	Newton Road Runners	413	Robert Porteous (V70)	Shettleston Harriers
352	Callum Ferguson	Newton Road Runners	414	Andrew Rockett Jackson	Shettleston Harriers
353	John Kelly (V50)	Newton Road Runners	415	Alastair Scott (V40)	Shettleston Harriers
354	Craig Lawton (V50)	Newton Road Runners	416	Paul Sorrie (V40)	Shettleston Harriers
355	Alistair Macdonald (V40)	Newton Road Runners	417	Andrew Taylor	Shettleston Harriers
356	Martin Vernon (V60)	Newton Road Runners	418	Matthew Turner	Shettleston Harriers
660	Angus MacCormick (U20)	Nithsdale AC	419	Joe Chambers	Springburn Harriers
357	Alan Bothwell (V60)	Perth RR	420	Andy Norris	Springburn Harriers
358	Mike Dales (V60)	Perth RR	421	Nathan O'Neill (V40)	Springburn Harriers
359	David Knight (V50)	Perth RR	422	Mark Carberry	Stirling University AC
360	Richard Ward (V50)	Perth RR	423	Dylan Crawford	Stirling University AC
361	David Horne (V50)	Peterhead AC	424	Fraser Gordon	Stirling University AC
661	Aaron Bennet (U20)	PH Racing Club	662	James Grant (U20)	Stirling University AC
362	Ross Bennet (V50)	PH Racing Club	663	Ryan Martin (U20)	Stirling University AC
363	Wright Beveridge (V50)	PH Racing Club	425	Fraser Morris	Stirling University AC
364	Roger Clark (V50)	PH Racing Club	426	Jack Muir	Stirling University AC
365	Michael Combe (V40)	PH Racing Club	664	Cameron Rankine (U20)	Stirling University AC
366	Derek Cosgrove (V40)	PH Racing Club	665	Alastair Scott (U20)	Stirling University AC
367	Peter Gibson	PH Racing Club	666	Tom Tyler (U20)	Stirling University AC
368	Benjamin Hukins (V40)	PH Racing Club	427	Rhys Williams	Stirling University AC
369	Paul Kieran (V40)	PH Racing Club	428	Lewis MacAlpine	Stornoway Running & AC
370	Andrew Kinninmonth (V40)	PH Racing Club	667	Euan Bell (U20)	Strathclyde Univ Harriers
371	Michael Lindsay (V40)	PH Racing Club	429	Robbie Cardew	Strathclyde Univ Harriers
372	Scott Love (V40)	PH Racing Club	430	Angus Lindsay	Strathclyde Univ Harriers
373	Alan McGowan (V40)	PH Racing Club	431	Alasdair McMonagle	Strathclyde Univ Harriers
374	Graham McInnes (V40)	PH Racing Club	668	Joshua Mirtle (U20)	Strathclyde Univ Harriers
375	Stuart Meiklejohn (V40)	PH Racing Club	432	Daniel Munro	Strathclyde Univ Harriers
376	Ed Norton (V70)	PH Racing Club	271	Jack Patton	Strathclyde Univ Harriers
377	Mark Ryan (V40)	PH Racing Club	433	Tom Porter	Strathclyde Univ Harriers
378	Robert Sellar (V40)	PH Racing Club	434	Alasdair Reid	Strathclyde Univ Harriers
379	Iain Wallace (V50)	PH Racing Club	435	Mikolaj Siekierka	Strathclyde Univ Harriers
380	Philip Waring	PH Racing Club	436	Cameron Wallace	Strathclyde Univ Harriers
381	Mark Webster (V50)	PH Racing Club	669	Harris Pagett (U20)	Strathearn Harriers
382	Mark Western (V50)	PH Racing Club	670	Corey Campbell (U20)	Team East Lothian
383	Campbell Blair (V40)	Pitreavie AAC	671	Aidan Page (U20)	Team East Lothian
384	Jeff Farquhar (V60)	Pitreavie AAC	672	Jamie Smith (U20)	Team East Lothian
385	Desmond FitzGerald (V50)	Pitreavie AAC	437	Alan Dunlop (V40)	Tron Tortoises AC
386	Iain Howatt (V50)	Pitreavie AAC	438	Darren McMahon	Tron Tortoises AC
387	James Squires (V40)	Pitreavie AAC	439	Matt Pearce (V40)	Tron Tortoises AC
388	Keith Vandermorten (V60)	Pitreavie AAC			

No.	Name	Club	No.	Name	Club
673	Alejandro Cameron-Fernandez (U20)	Unattached			
440	Steven Bryce	VP-Glasgow AC			
441	Ruairidh Campbell	VP-Glasgow AC			
442	Ralph Connolly (V50)	VP-Glasgow AC			
443	Thomas Connolly	VP-Glasgow AC			
444	Peter Freer (V40)	VP-Glasgow AC			
445	Sandy Gardner (V50)	VP-Glasgow AC			
674	Gregory Gontor (U20)	VP-Glasgow AC			
446	Iain Harding (V40)	VP-Glasgow AC			
447	Henry Horiuchi-Sutton	VP-Glasgow AC			
448	Peter Jardine (V50)	VP-Glasgow AC			
449	Stuart Kelly (V40)	VP-Glasgow AC			
450	Graeme Laing (V40)	VP-Glasgow AC			
451	Tom Ord (V60)	VP-Glasgow AC			
452	Alex Potter (V60)	VP-Glasgow AC			
453	Chris Sheridan (V40)	VP-Glasgow AC			
675	Arlo Tait (U20)	VP-Glasgow AC			
454	Videsh Weerakkody	VP-Glasgow AC			
455	Jonathan Bell (V40)	West End RR			
456	Stephen Brown (V40)	West End RR			
457	Allen Campbell (V50)	West End RR			
458	Andrew Clark	West End RR			
459	George Clerk (V40)	West End RR			
460	Paul Gooding (V40)	West End RR			
461	Joshua Hughes (V40)	West End RR			
462	Scott Hunter (V40)	West End RR			
463	Graeme Jack (V50)	West End RR			
464	Andrew Macpherson	West End RR			
465	James McKay	West End RR			
466	Alham Said (V50)	West End RR			
467	James Speakman (V50)	West End RR			
468	Paul Toland (V40)	West End RR			
469	Trevor Wayman (V60)	West End RR			
470	James Bryson	Westerlands XCC			
471	David Calder (V60)	Westerlands XCC			
472	Graham Coubrough (V40)	Westerlands XCC			
473	Evan Griffiths	Westerlands XCC			
474	Scott Henderson (V40)	Westerlands XCC			
475	Steven Leith	Westerlands XCC			
476	Hugh Boyle (V40)	Whitemoss AAC			



